



SEXUAL ABUSE EDUCATION STANDARDS AND PERFORMANCE INDICATORS: Grades 3-5

STANDARD 1: CORE CONCEPTS

What do I need to know about my growth and development, its relationship to others, and the awareness and prevention of sexual abuse to stay healthy and safe?

By grade 5, students will be able to

Describe characteristics of healthy relationships, identify safe and trusted adults and peers and explain the importance of reporting inappropriate touches to trusted adults.

Describe different types of violence and harassment and identify strategies for intervention

Describe basic male and female reproductive body parts and their functions.

Explain the relationship between consent, personal boundaries and bodily autonomy.

Explain why it is not the child's fault if someone touches him or her in an inappropriate way.

STANDARD 2: ANALYZING INTERNAL AND EXTERNAL INFLUENCES

What influences my attitudes, behaviors and decisions related to my sexual health and my awareness and ability to help prevent sexual abuse?

By grade 5, students will be able to

Compare positive and negative ways friends and peers can influence relationships

Evaluate peer influence on problem-solving and decision-making skills

Explain why people tease, harass or bully others

Identify healthy uses of technology and how to leave online situations that feel uncomfortable or seem dangerous.



STANDARD 3: ACCESSING HEALTH INFORMATION AND RESOURCES

How and where do I find valid sexual health information and resources considering sexual abuse awareness and prevention?

By grade 5, students will be able to

Identify parents and other trusted adults they can talk to about relationships or if being teased, harassed or bullied

Identify parents or other trusted adults they can tell if they are being sexually harassed or abused.

STANDARD 4: INTERPERSONAL COMMUNICATION

What interpersonal communication skills do I need to positively affect my sexual health and safety regarding sexual abuse awareness and prevention?

By grade 5, students will be able to

Demonstrate healthy and appropriate ways of communicating needs, wants and feelings (i.e., affection, love, friendship and concern).

Demonstrate positive ways to communicate differences of opinion while maintaining relationships.

Identify strategies a person could use to call attention to or leave an uncomfortable or dangerous situation (e.g., clear “NO” statement, walk away, repeat, refusal).

STANDARD 5: DECISION MAKING

What decision-making skills do I need for safety in my sexual health and awareness and prevention of sexual abuse?

By grade 5, students will be able to

Explain that some survivors are not believed when they disclose sexual abuse or harassment and that it is important to keep telling trusted adults until one of the adults takes action.

STANDARD 6: GOAL SETTING

How do I use the goal-setting process to take responsibility for my sexual health and safety regarding sexual abuse awareness and prevention?

By grade 5, students will be able to

Practice setting personal goals around safety.



STANDARD 7: SELF-MANAGEMENT

What can I do to achieve my sexual health and my awareness and prevention of sexual abuse?

By grade 5, students will be able to

Discuss effective ways in which students could respond when they are or someone else is being teased, harassed, bullied or abused.

Persuade others to take action when someone is being teased, harassed or bullied.

Discuss strategies to reduce risk of sexual abuse. Examples:

- *Instruct children to notify parents or another trusted adult if they do not know if they should keep something a secret (for example, if a friend tells them something or they see something). Explain the difference between secrets and surprises.*
- *Do not go alone with anyone, even someone you know, without permission from mom, dad or the person in charge.*
- *Inform a trusted adult if another adult spends special time with them, buys special presents, sends inappropriate photo or frequent texts, or takes them places they want to go alone.*

STANDARD 8: ADVOCACY

What can I do to advocate for responsible behaviors related to sexual health and sexual abuse awareness and prevention based on accurate health information?

By grade 5, students will be able to

Demonstrate ways to treat others with dignity and respect.