



SEXUAL ABUSE EDUCATION STANDARDS AND PERFORMANCE INDICATORS: Grades 9-12

STANDARD 1: CORE CONCEPTS

What do I need to know about my growth and development, its relationship to others, and the awareness and prevention of sexual abuse to stay healthy and safe?

By grade 12, students will be able to

Summarize healthy ways to express affection, love, friendship and concern.

Analyze characteristics of healthy relationships.

Explain how to build and maintain healthy family and peer relationships.

Describe a range of ways to express affection within relationships.

Describe and or summarize the characteristics of healthy and unhealthy, romantic and/or sexual relationships.

Analyze how power and control differences in relationships (peer, dating, or family relationships) can contribute to aggression and violence.

Compare and contrast situations and behaviors that may constitute bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating violence including online and electronic communications.

Summarize the importance of talking with parents and other trusted adults about issues related to relationships, growth and , and sexual health.

Describe what constitutes sexual consent, its importance and legal consequences of sexual behavior without consent.

Describe the potential impact of power and privilege within romantic or sexual relationships.

Explain why it is wrong to trick, threaten or coerce another person into having sex, and analyze techniques that are used to coerce or pressure someone to have sex.

Explain why rape and sexual assault should be reported to a trusted adult.

Explain why a person who has been sexual assaulted or raped is not at fault.



STANDARD 2: ANALYZING INTERNAL AND EXTERNAL INFLUENCES

What influences my attitudes, behaviors and decisions related to my sexual health and my awareness and ability to help prevent sexual abuse?

By grade 12, students will be able to

Explain how media can influence one’s beliefs about what constitutes a healthy sexual relationship.

Analyze the external influences and society messages that impact attitudes about bullying, sexual harassment, sexual abuse, sexual assault, incest, rape and dating.

STANDARD 3: ACCESSING HEALTH INFORMATION AND RESOURCES

How and where do I find valid sexual health information and resources considering sexual abuse awareness and prevention?

By grade 12, students will be able to

Access valid resources for help if they or someone they know is being bullied or harassed or has been sexually abused or assaulted including online and/or electronic communication.

Demonstrate ways to access accurate information and resources for survivors of sexual abuse, incest, rape, sexual harassment, sexual assault, dating violence and relationships.

STANDARD 4: INTERPERSONAL COMMUNICATION

What interpersonal communication skills do I need to positively affect my sexual health and safety regarding sexual abuse awareness and prevention?

By grade 12, students will be able to

Demonstrate effective strategies to avoid or end an unhealthy relationship.

Demonstrate effective ways to communicate personal boundaries as they relate to intimacy and sexual behavior.

Demonstrate effective ways to communicate with trusted adults about bullying, harassment, abuse or assault.

Identify ways in which they could respond when someone else is being bullied or harassed, including if they are pressured into sending sexually explicit pictures or messages by e-mail or cell phone.



Evaluate the negative consequences of sending sexually explicit pictures or messages by e-mail or cell phone or posting sexually explicit pictures on social media sites (e.g., chat groups, e-mail, texting, websites, phone and tablet applications).

STANDARD 5: DECISION MAKING

What decision-making skills do I need for safety in my sexual health and my awareness and prevention of sexual abuse?

By grade 12, students will be able to

Apply a decision-making model to various situations relating to sexual health.

STANDARD 6: GOAL SETTING

How do I use the goal-setting process to take responsibility for my sexual health and safety regarding sexual abuse awareness and prevention?

By grade 12, students will be able to

Develop a plan to stay safe when using social media.

STANDARD 7: SELF-MANAGEMENT

What can I do to achieve my sexual health and my awareness and prevention of sexual abuse?

By grade 12, students will be able to

Explain how to promote safety, respect, awareness and acceptance.

Demonstrate respect for the boundaries of others as they relate to intimacy and sexual behavior.

Describe strategies to use social media safely, legally and respectfully.

STANDARD 8: ADVOCACY

What can I do to advocate for responsible behaviors related to sexual health and sexual abuse prevention based on accurate health information?

By grade 12, students will be able to

Advocate for school policies and programs that promote dignity and respect for all.

Advocate for safe environments that encourage dignified and respectful treatment of everyone.

Engage in authentic experiences of caring, compassion and advocating for others.

Demonstrate how to support a friend/peer who discloses sexual assault/abuse.