



## SEXUAL ABUSE EDUCATION STANDARDS AND PERFORMANCE INDICATORS: Grades K-2

### STANDARD 1: CORE CONCEPTS

What do I need to know about my growth and development, its relationship to others, and the awareness and prevention of sexual abuse to stay healthy and safe?

*By grade 2, students will be able to*

**Describe healthy relationships between peers, families and other trusted adults and the importance of reporting inappropriate touches to trusted adults.**

**Identify one's feelings, appropriately express emotions and appropriately communicate feelings to trusted adults.**

**Identify appropriate and inappropriate touches, recognize the right to say "no," define bodily autonomy and explain the importance of respecting personal space and boundaries.**

**Describe functions of body parts and identify those parts of the body that are considered private on themselves and others.**

**Explain that a child is not at fault if someone touches him or her in an inappropriate way.**

### STANDARD 2: ANALYZING INTERNAL AND EXTERNAL INFLUENCES

What influences my attitudes, behaviors and decisions related to my sexual health and my awareness and ability to help prevent sexual abuse?

*By grade 2, students will be able to*

**Explain similarities and differences between peers, families, society and culture and understand the importance of being accepting of those differences.**

**Recognize safe and unsafe uses of technology/media.**

### STANDARD 3: ACCESSING HEALTH INFORMATION AND RESOURCES

How and where do I find valid sexual health information and resources considering sexual abuse awareness and prevention?

*By grade 2, students will be able to*

**Identify safe spaces and trusted adults they can tell if they are feeling unsafe or uncomfortable.**



**STANDARD 4: INTERPERSONAL COMMUNICATION**

What interpersonal communication skills do I need to positively affect my sexual health and safety regarding sexual abuse awareness and prevention?

*By grade 2, students will be able to*

**Practice appropriate ways to communicate their needs, wants and feelings to peers and trusted adults.**

**Identify safe and unsafe situations and practice personal safety strategies.**

**STANDARD 5: DECISION MAKING**

What decision-making skills do I need for safety in my sexual health and awareness and prevention of sexual abuse?

*By grade 2, students will be able to*

**Identify and practice problem solving and decision making for personal safety.**

**Explain that it is important to keep telling trusted adults until one of the adults takes action.**

**STANDARD 6: GOAL SETTING**

How do I use the goal-setting process to take responsibility for my sexual health and safety regarding to sexual abuse awareness and prevention?

*By grade 2, students will be able to*

**Practice setting personal goals around safety.**

**STANDARD 7: SELF-MANAGEMENT**

What can I do to achieve my sexual health and my awareness and prevention of sexual abuse?

*By grade 2, students will be able to*

**Show self-control and demonstrate appropriate personal boundaries.**

**Identify and use appropriate coping strategies.**

**STANDARD 8: ADVOCACY**

What can I do to advocate for responsible behaviors related to sexual health and sexual abuse awareness and prevention based on accurate health information?

*By grade 2, students will be able to*

**Demonstrate skills needed to advocate for the needs of self and others.**